



THE INDIAN KURASH ASSOCIATION (Regd.)

(RECOGNIZED MEMBER OF INTERNATIONAL KURASH ASSOCIATION)

RECOGNIZED BY OLYMPIC COUNCIL OF ASIA

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RAVI KAPOOR

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VIKRANT KUMAR

3 Star Referee

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SELECTION POLICY FOR THE INDIAN KURASH TEAM FOR ASIAN GAMES 2026

The Indian Kurash Association (TIKA) has established a transparent selection process for Asian Games 2026. This document outlines the criteria for selecting athletes based on their performance and trials.

STEPS OF SELECTION POLICY	
1.	ELIGIBILITY CRITERIA
2.	SELECTION OF PROBABLES
3.	COACHING CAMP
4.	MEDICAL & FITNESS CLEARANCE
5.	FINAL SELECTION TRIALS

1. ELIGIBILITY CRITERIA:

All participating athletes must fulfill the following conditions:

- **Citizenship:** Must be an Indian citizen with valid government-issued identification.
- **Passport:** Must possess a valid Indian passport with a minimum validity up to 31 March 2027.
- **Age:** Must be born on or before 01 January 2009.
- **Weight Categories:**
 - Men: -66 kg, +90 kg.
 - Women: -57 kg, -78 kg.
- **Match Duration:**
 - Men – 4 minutes.
 - Women – 3 minutes.
- **Prior Participation:**

A player shall be eligible to participate in the Selection Trials only if he/she has won at least one medal in a Senior, Junior, or School National Kurash Championship, or in an International Kurash Championship, during the years 2023–24, 2024–25, or 2025–26.
- **Restriction on Participation:**

Athletes who are included in the World Ranking List of any similar martial arts discipline shall not be eligible to participate in the Selection Trials. In this regard, the rules and regulations of the International Kurash Association shall apply.

2. SELECTION OF PROBABLES:

For **Asian Games 2026**, 4 players will be selected as Probables in each weight category. The selection process will be as follows:

A. DIRECT SELECTION:

Players who have won medals in the Senior Age Category in the Asian Kurash Championship 2025, South Korea, and at present the body weight of the above players is in accordance with the weight categories prescribed for the Asian Games, will be automatically selected as Probables.

B. OPEN SELECTION TRIALS:

After completion of the direct selection process, the remaining slots will be filled through Open Selection Trials to be conducted by The Indian Kurash Association.

The matches in the Open Selection Trials to fill the remaining slots will be conducted in accordance with IKA rules. If, in any weight category, the number of participants exceeds five (5), the competition will be conducted on a knockout basis. If any weight category has five (5) or fewer participants, the competition will be conducted on a round-robin basis.

(To participate in the Open Selection Trials for Probables of Asian Games 2026 to fill the remaining slots, all athletes must fulfill all the conditions mentioned in Point No. 1 – Eligibility Criteria.)

3. COACHING CAMP:

- a) Coaching Camp will depend on Government Grants or TIKAFunds.

4. ELIGIBILITY FOR PARTICIPATE IN FINAL SELECTION TRIALS:

- a) Player who has been selected as a probable.
- b) Medical clearance is mandatory.
- c) All probable players must pass a fitness test before the final selection. Any player failing the fitness test will be Not participate in final selection.

5. FINAL SELECTION TRIALS:

- a) The final selection will be based on the results of the matches in the final selection trials.
- b) The matches in final selection trials will be conducted on a round-robin basis.
- c) If only 1 player is to be sent: The 1st position holder in the final selection trials will be selected.
- d) If 2 players are to be sent: The 1st and 2nd position holders in the final selection trials will be selected automatically.

5.1. SPECIAL CASE FOR MATCH DECISIONS:

If the Selection Committee feels that a match decision was wrong, they may:

- a) Correct the decision immediately.

6. GENERAL TERMS & CONDITIONS:

6.1. APPOINTMENT OF REFEREES:

Only 2 Star and 3 Star International Referees shall be appointed for the Selection Trials of Asian Games Probables and Final Selection Trials.

6.2. CODE OF CONDUCT & DISCIPLINE:

- a) Any disciplinary action, doping violations, or misconduct will lead to disqualification.
- b) Selected players must adhere to The Indian Kurash Association's guidelines.

6.3. FINAL SELECTION APPROVAL:

- a) The Selection Committee of the Indian Kurash Association will review the final trial results.
- b) The decision of the selection committee will be final and binding.

6.4. CONDITION OF PARTICIPATION:

Participation in the Asian Games 2026 shall be subject to the approval of the Ministry of Youth Affairs and Sports and the Sports Authority of India.

6.5. ANY OTHER:

If any such situation arises that is not covered by this policy, it will be resolved by the majority decision of the Selection Committee.

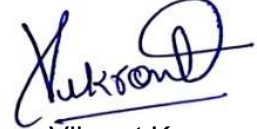
7. SELECTION COMMITTEE:

SL	Name	Designation	Qualification
1.	Mr. Ravi Kapoor	President – TIKA Technical Director - IKA	3 Star International Referee
2.	Mr. Vikrant Kumar	General Secretary - TIKA	3 Star International Referee
3.	Mr. Rahul Vyas	Treasurer - TIKA	3 Star International Referee
4.	Mr. Sombir Singh	Technical Director – TIKA Vise President - TIKA	3 Star International Referee
5.	Mr. Ankush Naagar	Referee Director - TIKA	3 Star International Referee

This structured and transparent system ensures that only the best and most deserving Players Represent India in the Asian Games 2026.



Ravi Kapoor
President
The Indian Kurash Association
Technical Director - IKA



Vikrant Kumar
General Secretary
The Indian Kurash Association